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# Journal of Pharmacology & Clinical Toxicology

# **Review Article**

# Integration of AKT and ERK Signaling Pathways in Cancer: Biological and Therapeutic Implications

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## Abstract

The PI3K/AKT and RAS/RAF/MEK/ERK signaling pathways are often activated concurrently by separate genetic alterations in human cancer. Although the selective advantage of mutational activation of both pathways remains largely elusive, emerging evidences indicate that both pathways interact to regulate each other and cooperate to maintain the transformed phenotype and promote cancer progression and metastasis. Here, we focus on recent findings on the convergent regulation of downstream functions by AKT and ERK pathways and discuss the biologic and therapeutic relevance of the pathway convergence in cancer.

# **INTRODUCTION**

# Oncogenic activation of AKT and ERK signaling pathways

The PI3K/AKT and RAS/RAF/MEK/ERK pathways are the central signal transduction mechanisms for controlling cell proliferation, survival, metabolism and motility in response to extracellular stimuli. Mutations in genes that encode components of these two pathways occur at high frequency in cancer. The former pathway is often activated in a majority of human cancers due to the activating mutations of the catalytic subunit of PI3K p110 $\alpha$  (PIK3CA) and the inactivating mutations or decreased function of PTEN, whereas hyperactivation of MEK/ERK signaling driven by mutant RAS and BRAF is also a common oncogenic event in a variety of cancers [1,2]. Moreover, the concurrent activation of both the AKT and ERK pathways by separate mutations occurs in a significant portion of human tumors. For instance, KRAS and PIK3CA mutation; BRAF and PIK3CA mutation; and BRAF and PTEN mutation occur simultaneously in colorectal carcinoma, thyroid carcinoma and melanoma, respectively [3-7]. Growing evidences indicate that the mutationally-activated AKT and ERK signaling pathways cooperate to promote cancer progression and metastasis, which is associated with poor outcomes and tumor recurrence.

# Cross-talk between AKT and ERK pathways

The prevalence of the AKT and ERK pathway activation in human cancers has led to the aggressive development of PI3K,

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Submitted: 28 August 2013

Accepted: 04 November 2013

Published: 06 November 2013

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#### **Keywords**

- AKT
- ERK
- Cross-talk
- Pathway convergence
- 4E-BP1 • BAD
- Cap-dependent translation
- Cancer progression
- Metastasis

AKT, RAF and MEK inhibitors as anticancer drugs. Preclinical studies and clinical trials with selective PI3K and AKT inhibitors show that mutant *PIK3CA* tumors tend to be dependent on the PI3K/AKT pathway and sensitive to the pathway inhibition [8-10]. On the other hand, the BRAF inhibitor vemurafenib or the MEK inhibitor trametinib produces high response rates in melanoma patients whose tumors harbor the BRAF-V600E activating mutation [11,12]. However, resistance to these targeted drugs generally is observed within a few months, and tumors eventually regrow and progress in almost all patients [7,13].

Resistance to targeted inhibitors is an emerging problem with varied mechanisms. We and others have found that tumor cells with PIK3CA or PTEN mutation are not all sensitive to the inhibitors of PI3K or AKT [14,15]. Similarly, mutant KRAS or BRAF tumors are not always dependent on the ERK signaling and sensitive to the BRAF and MEK inhibitors [15-17]. We demonstrate that coexistent KRAS mutation renders PIK3CA mutant tumors independent of PI3K/AKT signaling, whereas PIK3CA mutation uncouples tumor growth from MEK/ERK and mutant KRAS signaling [15,17]. In tumors with concurrent mutational activation of both PI3K/AKT and MEK/ERK pathways, inhibiting either pathway alone has minor or negligible effects on tumor growth and cell survival and motility. Combined inhibition of both pathways is required to effectively induce apoptosis and inhibit cell motility and tumor growth [15,18]. We have attributed this requirement to the existence of downstream proteins that integrate the oncogenic functions of AKT and ERK

Cite this article: Ye Q, She QB (2013) Integration of AKT and ERK Signaling Pathways in Cancer: Biological and Therapeutic Implications. J Pharmacol Clin Toxicol 1(2): 1009.

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signaling pathways in tumor progression and metastasis [15,18] (Figure 1). Coexisting mutational activation of the two pathways independently contributes to tumor growth and metastasis by convergent regulation of function of these integrators, thus reducing 'oncogenic addiction' on AKT or ERK signaling pathway and causing the tumor resistance to inhibition of either pathway.

# AKT and ERK pathways converge on cap-dependent translation

The cap-dependent translation is a process by which most capped mRNAs are translated into proteins. Translation of certain key oncogenic mRNAs bearing long and highly structured 5'-untranslated regions critically depends on the mRNA 5'-cap binding protein eIF-4E. eIF4E is a rate-limiting component of the translation initiation complex eIF4F that also include the scaffolding protein eIF4G and the RNA helicase eIF4A [19]. Consequently, these oncogenic mRNAs are preferentially and disproportionately affected by eIF4E availability and are sensitive to the alteration in the levels of eIF4E [20-22]. The levels of free eIF4E can be increased substantially in cancer cells by a number of mechanisms, including increased eIF4E expression and release of eIF4E from its binding proteins, 4E-BPs, by inactivating phosphorylation of 4E-BPs. 4E-BP1 is a member of the 4E-BP family that represses translation by competing with eIF4G for binding to eIF4E, thereby preventing formation of the eIF4F complex, which recruits the mRNA to the ribosome.

4E-BP1 is frequently hyperphosphorylated and thus inactivated in cancer. The mTOR kinase complex 1 (mTORC1) is a major regulator responsible for 4E-BP1 phosphorylation and activates cap-dependent translation [23]. Both AKT and





ERK kinases have been shown to regulate mTORC1 activity via phosphorylation of TSC2 [24,25]. We recently found [15,18] that in colon cancer cells with coexistent mutational activation of AKT and ERK pathways, 4E-BP1 phosphorylation is not affected by inhibition of either pathway alone. However, combined inhibition of both pathways effectively inhibits 4E-BP1 phosphorylation, which in turn activates 4E-BP1 binding to the eIF4E-mRNA cap complex and thus represses eIF4E-initiated cap-dependent translation attendant with the profound suppression of colon tumor growth and metastasis. In addition, a non-phoshorylated and constitutively active mutant 4E-BP1 allele that blocks eIF4E activity exerts similar inhibitory effects on tumor growth and metastasis as the combined inhibition of AKT and ERK pathways in colon cancer, whereas 4E-BP1 knockdown or eIF4E overexpression reduces dependence of colon tumors on AKT and ERK signaling. Mechanistically, we identify that survivin is a key translationally-regulated target of both AKT and ERK pathways through convergence on the mTORC1/4E-BP1/eIF4E axis, and continuous translation of survivin by AKT and ERK signaling is crucial for colon cancer progression to metastasis [18]. These findings highlight 4E-BP1 or eIF4E-initiated cap-dependent translation as a key effector or downstream process of the oncogenice activation of the AKT and ERK pathways triggered tumorigenesis and metastasis.

## AKT and ERK pathways converge on survival signals

AKT and ERK signaling pathways have been shown to coregulate several proteins that promote cancer cell survival and tumor growth. We have previously identified that the BAD protein acts as a switch that integrates the antiapoptotic effects of the PI3K/AKT and MEK/ERK signaling pathways in tumors such as triple-negative breast cancer and glioblastoma in which PI3K/AKT signaling is activated by PTEN loss and MEK/ ERK signaling is activated by overexpressed EGFR [26]. BAD is a BH3-domain protein that induces apoptosis by dimerizing with and inactivating the pro-survival proteins Bcl-2 and Bcl-X, [27]. However, in tumors as indicated above, the activated ERK signaling phosphorylates BAD on Ser112, and AKT phosphorylates BAD on Ser136. Phosphorylation of either site is sufficient to be recognized by 14-3-3 proteins, and the 14-3-3 binding prevent apoptosis by sequestering BAD in the cytosol away from the mitochondria and pro-survival Bcl-2 family members. In these cancer cells, inhibition of MEK/ERK pathway has minor effect on cell survival because of phosphorylation of BAD on Ser136 by the constitutively activated PI3K/AKT pathway. Induction of PTEN expression inhibits the PI3K/AKT pathway, but is ineffective to induce apoptosis because of the continued activated MEK/ ERK signaling that results in BAD phosphorylation at Ser112. Combined inhibition of the PI3K/AKT and MEK/ERK pathways inhibits BAD phosphorylation on both Ser112 and Ser136, thus releasing BAD from 14-3-3 and inducing massive, BADdependent apoptosis associated with synergistic suppression of tumor growth. These data further demonstrate the functional importance of pathway interactions that allows the development of rational strategies for combination therapy.

# **CLINICAL PERSPECTIVES**

Several small-molecule inhibitors targeting components

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of the PI3K/AKT and RAS/RAF/MEK/ERK signaling pathways have been tested in a number of preclinical and clinical studies for the treatment of cancer, but have shown only limited activity as a single agent [28-32]. Coexisting mutational activation of the two pathways could facilitate the development of resistance to therapeutics targeting only one pathway due to pathway convergent regulation on the function of same downstream targets. Combined inhibition of both pathways has been successful in repressing tumor growth in xenograt cancer models and genetically engineered mouse models [15,17,33,34], which may be associated with requirement of inhibition or activation of function of their common targets. Thus, genotyping patient's signaling signatures based on the known activation of PI3K/AKT and MEK/ERK pathways will be important to predict the antitumor activity of the pathway inhibitors and to optimize clinical care in the future development of personalized therapy.

Our studies also indicate that direct inhibition of a key output of AKT and ERK signaling pathways may provide an alternative and viable therapeutic strategy to targeting both signaling molecules. For example, given the importance of 4E-BP1regulated cap-dependent translation in integrating the effects of AKT and ERK on tumor growth and metastasis, compounds that directly mimic 4E-BPs biochemical function or target other translation initiation components have recently produced encouraging anti-tumor effects with limited toxicity profiles in mouse [35-38]. mTOR kinase inhibitors that effectively inhibit the phosphorylation of 4E-BPs may serve as an alternative to the combination of AKT and ERK inhibitors. However, mTOR inhibitors including the active site inhibitors release the feedback inhibition of receptor tyrosine kinases and activate both PI3K/ AKT and ERK signaling in tumors [39-41]. Combined inhibition of both AKT and ERK prevents reactivation of AKT and ERK and thus may have different biologic effects and a therapeutic advantage. Identification of more key effectors (integrators) of AKT and ERK signaling pathways could lead to better understanding cancer biology of the pathway interactions and to development of novel biomarkers and drug targets with the potential to change existing treatment paradigms for cancer patients.

## ACKNOWLEDGMENTS

This work was supported by the Markey Cancer Center Start-up fund and grants from ACS IRG85-001-22, NIH/NCATS UL1RR033173-KL2RR0033171 and NCI R01CA175105 to Q-B She.

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#### **Cite this article**

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